

Spanish Language Publications – Personal, Family and Economics

Information and publication availability is subject to change. Contact the appropriate university for current availability and pricing.

Title	Description	Cost	ST	Contact
A Solas Estoy Bien (On My Own and OK)	A project designed for youth age 8-14 who stay home alone after school on a regular basis. The project gives 4-H clubs the chance to bring these youth together to teach them important skills and information for staying home alone. It also provides them with the opportunity to meet with other youth in similar situations and lets them share their experiences. Topics included in the six sessions include: expressing feelings, safety habits, daily routines, caring for brothers sisters, having fun during free time, and nutritious snacks. Member's, parent's, and leader's guides are all available in Spanish. Price based on order of 1000 copies - call for accurate pricing.	\$1.00 for each guide	PA	Phil Hoy Youth Program Management Coordinator 814-863-7875; phoy@psu.edu http://pubs.cas.psu.edu/Publications.asp
CHOICES: Charting a Positive Future for Teen Parents	CHOICES is a three volume curriculum package designed for teen parents that uses both standard learning activities and videos to support and enhance the curriculum. CHOICES is very respectful of differences, providing some activities in both Spanish and English. It is listed as a nationally juried experiential learning 4-H youth development curriculum.	Vol. 1: \$27; Vol. 2: \$26; Vol. 3: \$25	FL	IFAS Publications/UF P.O Box 11011 Gainesville, FL 32611-0011 352-392-1764 http://ics.ifas.ufl.edu/ForSaleResources/
Como Enfocar su Futuro: Eleccionnes de Carreras, Evaluación (Targeting Your Future: Career Choices, Assessments)	This guidebook is intended to help students begin charting their future. The booklet is filled with practical "how-to" information that will help youth target their future.	Free (S&H charge may apply)	4-H Council	Please e-mail any requests for Targeting Your Future to workprep@fourhcouncil.edu .
Conociendo a los Ancianos - Proyecto para jóvenes y socios (Getting to Know Your Elders)	This project is designed to help young people to get to know their elders. At the same time, the elders will help youth increase their self-esteem. As part of the project, youth spend a considerable amount of time with an older person. This curriculum is only available in Spanish. Puerto Rico has other 4-H publications that are specific to Puerto Rico and not included here.	Free	PR	Universidad de Puerto Rico Servicio de Extensión Agrícola Publications Department PO Box 21120 San Juan, PR 00928-1120

El Cuidado del Niño, un Trabajo de Cariño y Dedicación (Babysitting is a Caring Job)	A 4-H babysitting curriculum with eight separate sections. Can be taught in 8-10 4-H club meetings or in a one- or two-day workshop format. Price based on order of 1000 copies - call for accurate pricing.	\$1.10	PA	Phil Hoy Youth Program Management Coordinator 814-863-7875; phoy@psu.edu http://pubs.cas.psu.edu/Publications.asp
Eres Tú (Looking at You)	Lessons designed to help young people develop skills which will allow them to be at ease in most social situations throughout their lives. Workbook has English and Spanish versions bound together. Download from the Web: http://texas4-h.tamu.edu/4hpubs.html	Free from the Web	TX	Texas A&M University Publications and Supply Distribution PO Box 1209 Bryan TX 77806-1209 409-845-6561 http://tcebookstore.org/
Familia 4-H (Family 4-H)	Family 4-H is an interdisciplinary program which builds family strengths through a series of interactive structured learning activities. Components include: Learner Manual, Leader Manual, Leader Training, Family Journal, Parent Book, and Family Journal. Listed as a nationally juried experiential learning 4-H youth development curriculum.	Family Journal - \$1.00; Facilitator Guide - \$3.40	IL	University of Illinois 1901 University Inn 302 E John Street Champaign, IL 61820 217-333-0910 https://webstore.aces.uiuc.edu/shopsite/
Orejitas para el Buscador de Empleo (Tips for Job Hunters)	A brochure of advice on looking for a part-time job. Puerto Rico has other 4-H publications that are specific to Puerto Rico and not included here.	Free	PR	Universidad de Puerto Rico Servicio de Extensión Agrícola Publications Department PO Box 21120 San Juan, PR 00928-1120
Presupuesto para Jóvenes (Money Management for Youth)	A program recommended for youth aged 13 to 19 with the following objectives: to analyze their financial situation and spending habits; to identify financial necessities, desires, and goals; to identify the factors that affect how youth spend money; to learn the necessary steps for planning a budget; and to plan a budget.	Free	PR	Universidad de Puerto Rico Servicio de Extensión Agrícola Publications Department PO Box 21120 San Juan, PR 00928-1120